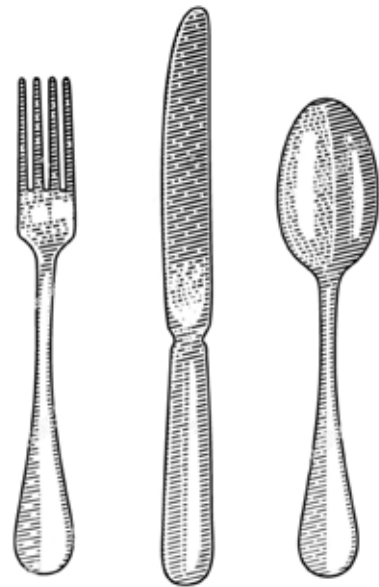


SUNDAY LUNCH MENU

ROASTS SERVED 12PM TILL 4PM



STARTERS AND SHARERS

SHARING KEBAB PLATTER (D)

Lamb seekh kebabs, chicken tikka, carom flavoured tiger prawns and chargrilled salmon served with salad and 3 dips – mint yoghurt, chili sauce and tamarind mayonnaise

15.95

CAJUN SPICED FRIED CHICKEN WINGS

Served with cream cheese sauce

5.95

DUO OF SHASLICK (D)

Chargrilled chicken tikka, paneer tikka and assorted peppers and onions

6.50

CHILLI MUSHROOM AND PANEER (V)

Asian style crispy fried baby mushroom and paneer, tossed in a garlic flavoured sweet chili sauce

5.95

CHEF'S SPECIAL CAESAR SALAD (V) (D)

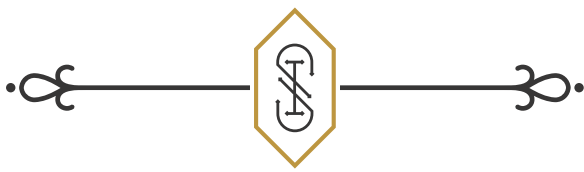
Chef's own version of Spice and Ice style caesar salad

5.25 Add Chicken 1.95

BEER BATTERED PRAWN DIPPERS (G) (A)

Served with marie rose sauce and salad

7.50



ROASTS

Served with Yorkshire pudding, cumin roast potatoes, herb buttered vegetables, gravy and homemade curry sauce.

SLOW COOKED BABY LAMB SHANK

With sauté garlic mushrooms

12.95

TANDOOR ROASTED RACK OF LAMB

Seasoned with coriander

13.95

ROAST BREAST OF TURKEY

With stuffing of the day

11.95

OVEN ROAST CHICKEN

Flavored with Mediterranean herbs

10.95

TANDOORI CHICKEN

A Spice and Ice specialty

10.95

TANDOORI BROCCOLI AND CAULIFLOWER (V)

Marinated with fenugreek flavoured cream cheese

9.95



ROAST SHARERS (D) (G)

DUO OF ROAST

Roast breast of turkey, roast chicken

FOR  12.00 FOR  23.00

TRIO OF ROAST

Tandoor roasted rack of lamb, roast breast of turkey, roast chicken

FOR  13.50 FOR  26.00



ADD EXTRAS

YORKSHIRE PUDDING 1.00

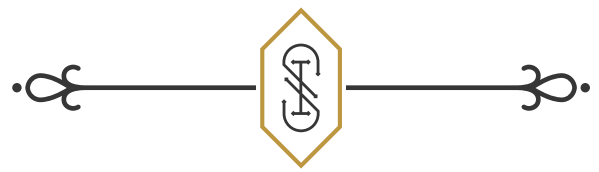
CUMIN ROAST POTATOES 2.50

HERB BUTTERED VEGETABLES 2.50

SAUTÉ GARLIC MUSHROOMS 2.00

GRAVY 1.50

CURRY SAUCE 1.50



MAINS

PAN SEARED FILLET OF SEA BASS (D)

With sauté baby spinach and mushroom, jeera lyonnaise potatoes and a ginger and coconut sauce

16.50

CHICKEN TIKKA MASALA (D) (N)

Served with rice and nan bread of your choice

11.50

BBQ CHICKEN BREAST

Grilled chicken breast, sauté asparagus, smoked BBQ sauce and triple cooked chips

11.50

RATATOUILLE (V) (G)

Served in a bread bowl with salad

10.95

FISH AND CHIPS (G) (A) (D)

Beer battered red tilapia fillets, triple cooked chips, mushy peas and tartare sauce

11.50

FISH AND CHIPS – LIGHT (D)

Pan seared red tilapia fillets, chips, salad and light tartare sauce

11.95



SIDES

TRIPLE COOKED CHIPS 2.50

CHEESY CHIPS (D) 3.50

SWEET POTATO FRIES 3.00

GARLIC BREAD (G) 3.00

GARLIC BREAD WITH CHEESE (G) (D) 3.50

DRESSED SIDE SALAD 2.50

MUSHY PEAS (D) 2.50



FOOD ALLERGIES KEY

(A) – Contains Alcohol (D) – Contains Dairy
(G) – Contains Gluten (N) – Contains Nuts (V) – Vegetarian